



## Judge Cristina's 10 Ten Tips for Finding Strength In Your Identity

*“Finding strength in yourself means finding strength in your own identity, your actions, and your own uniqueness. These are the things that make you strong and unique from EVERYONE else in the world!”*

**Tip 1: Turn what others perceive to be weaknesses into personal strengths.** When I first ventured out into the world as a brand new attorney, my father gave me some valuable advice about how empowering it can be to shift your perspective about strength versus weakness, specifically in regards to my roots. He said: “You can’t be afraid of people telling you that you’re a minority because you’re not. You have to understand that you are the majority, and no one else has the PRIVILEGE to label you but yourself.”

**Tip 2: There’s no wrong way to be yourself!**

**Tip 3: There *is* no universal superhero identity.** It is up to you to find the things that are most important to you and find a way to balance them in your life. At the end of the day you define what is most important to you. It is essential that *you* set your own priorities. Never let anyone else tell you what is most important to you in life, and certainly never let anyone make you feel as if you have to apologize for who you are!

**Tip 4: Being true to yourself means knowing who you are, accepting your downfalls, and celebrating your strengths.** It is all about depending on, trusting, and forgiving yourself. That is what makes you strong and leads you to make smart decisions on your own behalf.

**Tip 5: What is the thing that you are most passionate about in life – your driving force? That is the starting point to creating your unique identity.**

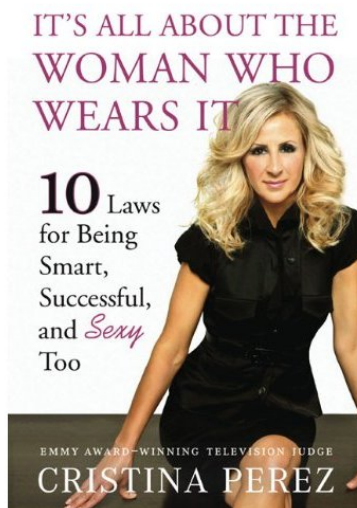
**Tip 6: Find strength in your own opinion.** Don't allow others to dictate what you think and feel about a subject.

**Tip 7: Find strength through purpose.** Having some kind of purpose in life, no matter how well defined or ambitious it is, single handedly carves out an extremely personal and powerful part of your identity. If you love doing something it will just come naturally. Have faith in the fact that you can do it and do it well!

**Tip 8: Find strength in what you already know.** Some people call it intuition, others may call it gut instinct; the point is we each have this amazing gift. Listen to your heart and “know what you know”!

**Tip 9: It can be a rough world out there, especially if you let self-doubt be your best friend and worst enemy.** Learn to depend on, trust and forgive yourself. That is what makes you strong and leads you to make smart decisions on your own behalf.

**Tip 10: Embrace these principles & embrace your identity and you will create your OWN unique legacy!**



*For more tips about finding strength in your own identity along with my other universal life “laws” please claim your copy of my book “It’s all about the Woman Who Wears It: 10 Laws for Being Smart, Successful, and Sexy Too” wherever books are sold and on Amazon.com.*